

# PRACTICE LOG

Name: \_\_\_\_\_ Period: \_\_\_\_\_

WEEK OF \_\_\_\_\_

TOTAL HOURS TO COMPLETE \_\_\_\_\_

Write down your goals for this week:

What did you accomplish this week?

HOURS COMPLETED: \_\_\_\_\_ out of \_\_\_\_\_

Date: \_\_\_\_\_ Time practiced: \_\_\_\_\_

- Personal** (completed at home)
- Dance class**

Style: \_\_\_\_\_ Location: \_\_\_\_\_

What did you work on? What do you need to improve?

Parent or Instructor signature: \_\_\_\_\_

Date: \_\_\_\_\_ Time practiced: \_\_\_\_\_

- Personal** (completed at home)
- Dance class**

Style: \_\_\_\_\_ Location: \_\_\_\_\_

What did you work on? What do you need to improve?

Parent or Instructor signature: \_\_\_\_\_

Date: \_\_\_\_\_ Time practiced: \_\_\_\_\_

- Personal** (completed at home)
- Dance class**

Style: \_\_\_\_\_ Location: \_\_\_\_\_

What did you work on? What do you need to improve?

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Date: \_\_\_\_\_ Time practiced: \_\_\_\_\_

- Personal** (completed at home)
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What did you work on? What do you need to improve?

Parent or Instructor signature: \_\_\_\_\_